

**Apr. 2015,
Exchange program,
Airlangga university**



**Naomasa Okimoto
KOBE university**

1. Introduction

I was for about a month in Surabaya, which is the second biggest city in Indonesia and is famous as a hot and big city.

I had two weeks in Internal medicine and two weeks in Emergency department at Dr. Soetomo hospital.

2. Internal medicine

I learned a lot of things there.

In my first and second weeks I visited different department each day.

1st week

Monday; General ward

Tuesday: Outpatient department

Wednesday: Echosonography room

Thursday: Endoscopy room

Friday: Oncology department

2nd week

Monday, Tuesday: Tropical disease ward

Wednesday, Thursday: HIV-patients ward

Friday: Oncology department



In these two weeks I took presentations every morning with Dr. Jongky(my supervisor).

I chose the patient who was the most interesting for me that day. The resident

there told me about his/her medical history, condition, vital sign and so on. Then I performed the physical examinations. After these, I thought over the assessment and the plan, like how to diagnose and treat this patient in my country. The Next morning I discussed well about this with Dr. Jongky. Especially, the most interesting case was the patient with dengue hemorrhagic fever I



haven't seen in Japan.

Needless to say, I cannot read the charts written in Indonesian. But, fortunately, I was with another exchange student from U.S., who has a good command of Indonesian. I am very thankful to her for helping me a lot.

3. Emergency department

In my third and fourth week, I was in Emergency department.

Different from Japanese one, it divided into some divisions, such as surgery division and internal medicine division.

I spend the whole time in surgery division. There I could literally do practical things which were my "first" experiences. I could never performed those by myself in my school days in Japan.



4. Daily life

I stayed at Grha ara hotel, which is located just ten minutes walking distance away from Dr. suetomo hospital. Of course here is Indonesia, not Japan. There are some problems about stay though I chose "Deluxe room"(but it cost only 3,500,000 rupiah for a month). But I recommend this hotel, because there are kind staffs.

Whenever I found a problem, they immediately solved it. Except a few staffs, we couldn't talk well without Google translator, but we must make excellent friendship.



On holidays some of my friends accompanied me to many places.

For example, a friend of mine introduced me to her friend and he took me some places, like pub. I stayed at his house one night. His family are very nice. They welcomed me much warmly. His house is "traditional " one. That's precious experience.

Other holiday weekend I attended a friend's friend's wedding party, went to some malls with Airlangga univ. friends of mine, went to Bali with Japanese friends and so on.

On Weekdays I usually went to Galaxy mall by taxi if I had no plan. There are many restaurants and shops. Compared to Japan, the price is just a little cheap, because the malls are made for wealthy people. Of court you can get everything there you want. It also has a money exchange shop. You can exchange money at higher rate there than in airports.



5. Conclusion

During this program I have got a lot of things; knowledge about diseases(T.B., HIV, DHF, SLE and so on), religion problem, how to treat a Muslim who rejects any physical contact, etc. Naturally what is the most important are "Friends".

They helped me a lot and accompanied me to many places almost everyday.

I really thank all the people worried about me not only in Indonesia but also in Japan.

I never forget all the friends and all the precious experiences there.